



# Hello Summer!!

## SCREEN TIME RULES

- Brush your teeth
- Brush your hair
- Get Dressed
- Put dirty clothes in hamper
- Make your bed
- Eat Breakfast
- Read for 20 minutes
- Draw, color or write for 20 minutes
- Play outside for 30 minutes
- Build Something (lego, craft project...)
- Summer learning packet (1 page)
- Help someone!
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